

REGISTRATION FORM

Send to à W. Bok willybok@belgacom.net

Name

1st name

Age

Gender

Mobile #

E-mail

Years of practice of Iyengar Yoga

Medical background

I register to the workshop 17/7-21/7

I send 150€ on BE34 2100 4586 5490

I pay 150€ in a class

I am looking for boarding

I offer boarding

Signature



Iyengar Yoga

**Level 2-3 workshop
17-21 July 2026**



5 days of practice & teaching LEVEL 2-3

**Iyengar Yoga Center
Brussels**

with Willy Bok

Level 3 Iyengar® yoga teacher

Willy Bok

- registered physiotherapist
- certified Level 3 teacher Ramamani Iyengar Memorial Yoga Institute (RIMYI) Pune, India
- teaches since 1991
- Trainer/Mentor in Iyengar® yoga

Workshop for teachers and intermediate-advanced students

Iyengar Yoga Center of Brussels

The venue of 250 m² is located in Brussels near the Ponds of Ixelles & Flagey. It is fully equipped and auspicious to yoga practice.
Address : Rue de la Cuve 26 Kuipstraat 1050 Ixelles-Elsene

Acces

Bus 59, 60, 71 Tram 81, bikes welcome. Parking square Flagey

Boarding

Do you offer boarding ?
Are you looking for boarding ?



Schedule

9:00 – 10:00	pranayama
10:00 – 10:15	pause
10:15 - 12:45	asana practice
12:45 - 14:00	lunch break
14:00 - 16:30	asana practice & teaching asana

Props	supplied
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Fees 350€/ 5 days.

Register by mail & send 150€ deposit to
IBAN BE34 2100 4586 5490 Willy Bok or in class
Comment: *Level 2-3 Workshop July 2026.*

Reimbursement : 100% if cancellation 1 month before,
50% if cancel 15 days before.
Balance to be paid before or upon coming.



Contact

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www.aumyoga.be

