

BKS Iyengar Yoga

WEEKEND
16-18 October 2026

with **RACHELY CHENEY**

Junior Advanced, (level 4) certified
by BKS & Geeta IYENGAR

1050 **BRUSSELS**
EASY ACCESS

Friday : 16h30-19h30

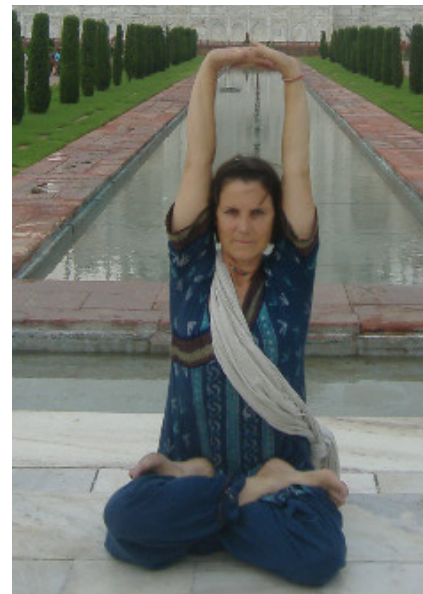
Saturday & Sunday : 9h30-17h

Minimum 1 year of practice
& open for deep study

Workshop in English (TRADUCTION EN FR., SI NÉCESSAIRE)

Infos & registrations : yogviv@yahoo.fr

www.sohamxl.be/fr/agenda



- Rachely has more of 35 years experience & gives weekly classes on zoom.
- She lives and teaches in the area of Galilée.
- She is teaching therapeutic yoga, and specialized in breast cancer.
- She is author of the book "Yoga for children and beyond, a journey for all".
- She has collaborated with Rita Keller's book "Yoga for menopause".